

# FIMSO Newsletter

## 2022 FALL SEMESTER REVIEW



VOL 2  
ISSUE 4  
FEB '23

LET'S KICK OFF 2023 WITH A RECAP OF THE BEST EVENTS OF FALL 2022!



## Academic Committee presents

Christine Almira San, 19MBBS

From **September 9 to September 10, 2022**, 19MBBS classmates Serena Shi and Linda Fan Bu, and 20MBBS friends Mae Hashimoto and Priscilla Way Yun, held talks chock full of information on what to expect during years 2 & 3.

The talks included an overview of how classes and labs were implemented, and textbook and study resource recommendations. They shared study tips and tricks, information on quiz formats, homework, and exams, as well as the marking schemes of all the courses throughout the year were shared. The speakers were extremely detailed, making sure to include a comparison of online and offline courses.

Darren Li Liong Sen (21MBBS) said, "It was nice to get two perspectives - Pris and Mae were very organized and informative."

ACADEMIC COMMITTEE PRESENTS

### EXPECTATIONS & REALITIES OF PRECLINICAL YEARS

The smart way around preclinical years! Valuable advice & resources from seniors who've been through it all!

**MAE & PRISCILLA**

**YEAR 2 OVERVIEW**  
10 Sep (Sat)  
ZOOM, 8pm BJT  
Target: Year 2s,  
Y1s welcome

Scan the relevant QR codes to sign up!

**SERENA & LINDA**

**YEAR 3 OVERVIEW**  
9 Sep (Fri)  
ZOOM, 8pm BJT  
Target: Year 3s,  
Y1&2s welcome

ACADEMIC COMMITTEE PRESENTS

### OVERVIEW OF THE CLINICAL YEARS

YEAR 4 & 5 CURRICULUM

**1 OCT (SAT)**  
**8pm BJT on ZOOM**  
**Target: Years 4-5**  
**Preclinical years welcomed!**

The smart way around clinical years!  
Valuable advice, study tips & suggested resources from seniors who've been through it all!

Scan to join the group for more info!

"When you go on and study [Traditional Chinese Medicine], forget everything you know. Go in as a newborn baby, as if you don't know anything about the human body." These are but a few of the golden pieces of wisdom Tanvi Hegde (17MBBS) and Dhruvi Shah (17MBBS) shared on **October 1, 2022**.

Similar to the talk held for years 2 and 3, Tanvi and Dhruvi provided an overview of how each class in the clinical years is implemented. Not only this, they had suggestions to improve class performance, as well as methods to excel on exams.

## 2022 FALL SEMESTER REVIEW



### Professional Committee *presents*

Michael Lim, 20MBBS & Kunyarat Laong, 20MBBS

**PROFESSIONAL COMMITTEE**

## SILK ROAD TO THE UK

**12 NOVEMBER 2022**

**ZOOM, 8PM BJT**  
**DR KIMBERLY TAN**

- Experience as an IMG
- Visa requirements
- UK training structure

**13 NOVEMBER 2022**

**ZOOM, 8PM BJT**  
**DR AMAN ARORA**

- UK licensing exams including current PLAB 1 and PLAB 2 as well as future UKMLA

Scan the QR code to register for the event!

SCAN ME

**Silk Road to the UK**, held on **November 12-13, 2022**, was spearheaded by Dr. Kimberly Tan and Dr. Aman Arora, where students had the chance to ask all about the pathway to the UK.

Dr. Kimberly Tan, an international medical graduate (IMG) and the co-founder of [thesavvyimg.co.uk](http://thesavvyimg.co.uk), explained the eligibility criteria for specialty training and how to become a GP in the UK. As she passed on her experience as an IMG, she also explained how to improve the assessment score for the UK Foundation Program and how vital the Situational Judgement Test.

Dr. Arman Arora, the founder of [aroramedicaleducation.co.uk](http://aroramedicaleducation.co.uk), spoke on PLAB and UKMLA. He gave a detailed explanation of the preparations for the exams, including the most recent guidelines, the advantages of peer support, and using different question banks. He emphasized honing skills and practicing scenarios with colleagues with utmost importance. Knowing the technique of how to showcase as many skills as possible in those 8 minutes is the key to success.

### Hansen He, 20MBBS

On **November 27, 2022**, FIMSO had the honor of welcoming Fudan MBBS alumnus Dr. Frank Yang, 14MBBS for the talk **Silk Road to the US**. Here, Dr. Yang outlined his IMG experience from taking USLME Step 1 all the way to becoming a PGY-2 Family Medicine Resident at the Meritus Medical Center in Maryland.

Dr. Yang kicked off with the thought-provoking question, "*Is this for me?*" citing financial burdens and hard statistics on the success rates for IMGs hoping to make it into the US medical scene. While solemn, he was encouraging, providing realistic advice and warmly answering the attendees' many questions.

Dr. Yang and Dr. Jessie Yang, 13MBBS, founded Match Preparation, a company to prepare applicants for their Match Day. Reach out to [matchpreparation@gmail.com](mailto:matchpreparation@gmail.com) for more information!

**PROFESSIONAL COMMITTEE**

## SILK ROAD TO THE US

**27 NOVEMBER 2022**

**ZOOM, 8PM BJT**

**DR FRANK YANG**  
Sharing with us his journey from USMLE Step 1 to residency and his experience as a Fudan alumni and an IMG.

**INTRODUCING OUR SPEAKER!**

Originally from the U.S., Class of 2014. He finished his Preliminary General Surgery year. He is currently a PGY-2 family medicine resident at Meritus Medical Center in Hagerstown, Maryland.

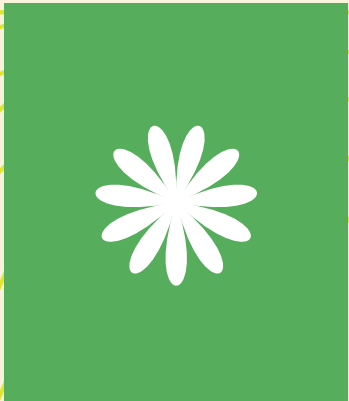
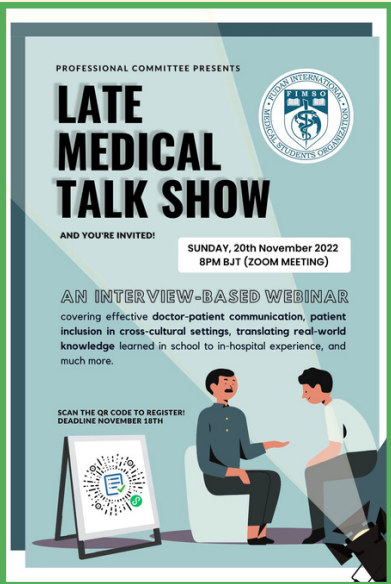
SCAN ME

# HIGHLIGHTS

**August 27 - September 10, 2022:**  
**OSCE Workshops** - Following the success of previous OSCE cycles, participants had the opportunity to practice their "clinical thinking hats" and put their communication skills and professionalism to the test.

**November 20, 2022:**  
**Late Medical Talk Show** - panelists Tanvi Hedge, Kayla Kozub, Sushma SenthilKumar and Omar Sajjad shed light on topics ranging from effective doctor-patient communication to patient inclusion in cross-cultural settings.

**November 26, 2022:**  
**ABCDEs of EMERGENCY** - Soo Wan Ting and Mahosadha Ong How Wei of 17MBBS imparted their knowledge on the ABCDE approach to emergency management. They imparted the systematic steps needed at each stage, from assessment to intervention.



COMING SOON  
**2023**



## A Stitch to the Heart

On March 5, 2023, Professional Committee will bring to you an on-hand experience of suturing and CPR.

The workshop will be supervised by

- Dr. Mohamed Helmy
- Dr. Yongshi Wang
- Dr. Peizhun Du.

## Haidilao Dinner

To welcome students to Shanghai and to kick off the spring semester right, Social Committee will host a FIMSO dinner at Haidilao on March 5, 2023.

All FIMSO members are invited to attend. We hope to see you there!

This edition was edited by:  
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